



## What to Bring:

1. Insurance Card
2. Photo ID
3. Prescription Card
4. All medications (in original bottles)
5. Cash for your patient account
6. Eyeglasses /Contact Lenses & appropriate accessories
7. Personal Toiletries
8. Cosmetics (Please limit to only what is needed)
9. Additional pens and notebook if desired
10. Meditation/Inspirational literature if desired
11. Ambient noise machine if desired
12. Medical supplies/devices (Such as C-PAP, syringes, glucometer, etc.)
13. Hair dryer and additional styling produces (include straightener or curling iron) if desired, but no aerosol hairsprays.
14. Photos of your family/friends